



Har Shalom

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Nov.–Dec. '08

A Blink of the Eye

by student rabbi Callie Souther

I have a problem with staying put. Give me free time, and I'm off. Since just before Sukkot I have racked up impressive mileage, experiencing a snowy almost-Sukkot in Missoula, sunny and hot Sukkot in LA, and crisp and cold Sukkot in Portland. And yet, the mood of Sukkot is much the same in each place: relief and rejoicing. We build sukkot in our backyards (or, in my case, on our rooftops), eat in them, sleep in them, decorate them with paper chains, fruits, vegetables, and shake the lulav and etrog with proscribed glee. But if we look a little deeper into this holiday, we find a more profound meaning to this autumnal harvest festival.

Firstly, the timing of the holiday is a telling aspect of its message. We are on the brink of winter (as we saw clearly at the onset of Sukkot in Missoula with the snowfall in the valley), using the last of summer's warmth to reap our harvests and celebrate the gifts that we have been given. We build shaky structures, sukkot, and "dwell" in them with only three walls protecting us from the elements, and a thatched roof barely covering our heads. The sukkah itself is a myriad of metaphor: Abraham and Sarah's tent which was open to any and all visitors, our historical closeness to the land, and, perhaps most strikingly, the sukkah reminds us of the shakiness and temporality of our own existence.

On Sukkot we read the megillah (book) of Kohelet (Ecclesiastes). This book of our wisdom literature, made famous by numerous quotations and song-lyrics over the years, outlines for us the tension between the smallness of our own existence, and the vast greatness of the world in which we live. "There is nothing new under the sun," says Kohelet, and yet, there is a time and a season for every experience tachat hashamayim, "under heaven". We read from this megillah on Sukkot because it speaks directly to the experience of enjoying the fruit of our labors (our harvests), but also because it teaches us of the fragility of life. Everything has happened before, and the world will continue on once we are gone. It is during this time that we are given on earth that we should enjoy life. Yes, we should work, and seek and learn and love, but all with the knowledge that life is fleeting and we are mere parts of a whole — not the whole in and of itself.

The fragile sukkah teaches us that our lives cannot always be stable. The turning of the seasons warns of winter's harsh cold, and Kohelet urges us to live to the fullest — to experience the breadth of life's offerings, because our lives, like the sukkot in which we dwell, are fragile and our time on this earth is but a blink of an eye.

Todah Rabah

It's been a busy two months and there are many people to thank. Please forgive, and let us know, if a name has been inadvertently omitted:

The Har Shalom Board of Directors for their continued energy and many hours of volunteer work at all of the events and activities of the fall; Jeff Kooris for his carpentry work and assistance with housing and transportation for Callie; Jack and Pat Cohen, Ty and Sarah Brennan, Bert Chessin, Paul and Eli Rosen, Toba Winston, Jackie Cohen, Kate and Boris Soukonikov, Barry and Kathy Good, and Laurie Franklin for help with the clean-up day. All who read, chanted, or performed music at High Hoy Day services, especially to cellist Fern Glass Boyd for a soulful rendering of Bruch's Kol Nidre, and to Jim Gray and Shirle Gray for beautifully prepared Kol Nidre and Yom Kippur morning Haftarah, respectively. Challah and treat bakers and providers, Sigrun Kufner, Robin Abeshaus, Merce Litfin, Phyllis Wilcox, and Kate Soukonnikov. Membership and welcome activities Maxine Stahl, Kat Soukonnikov, and Kathy Good who has helped with literally everything listed above and more! Naomi Alhadeff for bringing us a genuine Israeli lulav (willow, myrtle and palm branches) and etrog (fresh, whole citron) for our Sukkot celebration and Shabbat service on Friday 11/17. Shirle Gray for lending a family heirloom Battenburg lace table covering for the bima, and for donation of candlesticks for High Holy Days,

(continued on next page)

The Har Shalom newsletter is written and edited entirely by volunteer members of the congregation. You'll see a variety of writing styles, probably catch a few errors and sadly sometimes find some omissions. The purpose of the newsletter to keep you informed. With that in mind, your articles and suggestions are always welcome. Deadline for the following month is the 15th. We are DESPERATELY seeking folks to help gather articles. If you've always had a yen to wear a press pass, now's your chance. No fancy computer skills are needed. Contact Maeta for more info.

Board of Directors
President: Bert Chessin, 531-5193
Vice President: David Jolles, 549-3656
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Send news, events, or letters to maetadan@hotmail.com. Newsletters publish after Board meetings.

Dreidels and the December Dilemma

From Laurie Franklin

Every year at this time, I start thinking about Chanukah. I run through an inventory of past Chanukah memories, especially the Chanukahs of my childhood. I recall the candles burning in a darkened room, the tasty latkes, the stories of the “old country” told to me by my bubbe (grandmother), Chanukah songs, dreidel games, and the wonderful presents, both getting them and giving them! But those memories always lead me to think about Christmas, too.

Growing up in NYC, I was jealous of my friends who celebrated Christmas. They could whole-heartedly embrace the romance of the holiday: evergreen boughs and colored lights, elaborate store window displays, Santa Claus, carols on every radio station and every public address system. The Christmas culture was ubiquitous and overwhelming, and I always felt like an outsider. My sister and I begged our parents to let us have a “Chanukah bush”, but they steadfastly refused.

One antidote to Christmas-envy was the annual invitation to my friend Pat’s house. Her mother would turn four or five of us loose in the apartment: We’d coat the windows with spray foam “frost” and glitter. We’d trim the tree, bake and decorate cookies, and play, play, play. It was so much fun! All of us except Pat were Jewish, so this was “our” Christmas experience, our taste of the “forbidden fruit”!

The good times at Pat’s house had much in common with my best Chanukah memories: The joy arose from spending time with either friends and family, and experiencing the “specialness of the day” together.

Now, let’s fast-forward to the present. Many of us still experience an “outsider” syndrome at work or in town when the Christmas season arrives. But even more personally, many of us live in households where one partner is Jewish and the other is not. So, do you experience a December dilemma? How do you share your holiday traditions with others, and how do they share theirs with you? How does your interfaith family resolve its holiday celebrations? Please email your thoughts to me at rossfranklin@msn.com, or mail them to me, Laurie Franklin, at 2347 Wylie Avenue, Missoula, MT 59802. I’d like to share your experiences with other members of our congregation during November and December in our weekly email updates.

AWARENESS THROUGH MOVEMENT® (ATM)

— Six-week Series of Feldenkrais® Lessons —

All proceeds from this series constitute a FUNDRAISER for the Har Shalom building fund.

Thursdays: November 6, 13, 20; December 4, 11, 18 • 12:00 noon to 1:00 p.m.

(To accommodate lunch hours we’ll begin at 12:10 and end about 12:50.)

\$50.00 for the series — \$10.00/lesson

WEAR COMFORTABLE CLOTHING & BRING A MAT OR BLANKET.

MOSHE FELDENKRAIS (1904-1984) was a noted physicist, mechanical engineer, judo expert, and author whose innovative method of education was about “making the impossible possible, the possible easy, and the easy elegant.” People of all ages and functional abilities can “relearn how to learn” through the *Feldenkrais Method*® of neuro-muscular re-education. It’s fun to do ATM lessons, and the best reason for doing them is simple: learning to move with less effort makes daily life easier. Who could ask for more?

While discovering the joy of learning to move in an easy, attentive, and “timeless” manner we find awakened curiosity and new opportunities for growth and creativity in our lives. In this series of six lessons we’ll explore awareness of the breath, our legs and feet in connection with the floor beneath us, and the freedom to rotate head, neck and shoulders with greater ease.

CELESTE RIVER, MIS, GCFP, is a certified *Feldenkrais* teacher who studied the four-year, 800-hour Feldenkrais training in Maui in the 1990s. She founded her studio, Yoga Everyday, in Missoula in 1980; received an interdisciplinary master’s degree in journalism, religious studies, and Native American studies from the University of Montana in 1989; and has been a member of the Montana Committee for the Humanities Speakers Bureau since 1991. Currently, she shares the benefits of the *Feldenkrais Method* — both *Awareness Through Movement* group classes and private *Functional Integration*® lessons — at various locations in the Missoula area.

This series is a donation from Celeste River in honor of Dr. Feldenkrais.

For information on Dr. Feldenkrais and the Feldenkrais Method: www.Feldenkrais.com

Todah Rabah (continued)

Jewish-themed print (now hanging in the classroom hallway), and antique Chanukiah (decorating the new library). Rabbi Ed Stafman, for taking the time to visit with us and lead a wonderful weekday Sukkot service.

Memorials

George Lorinezi

by Boris & Kate Soukonnikov

Marilyn Dayries

by Susanne Woyciechowicz

Honors

Yuvel Avniel Aime Golda Avniel

Births

Anais (Woyciechowicz) Golani gave birth to a baby girl October 12th

Donors

Anita & David Aronofsky

Jill Belsky

Robert & Katherine Braun

Alice Byrne

Jackie Cohen

Jack & Patricia Cohen

Joy & Mark Earls

Keegan Eisenstadt

Laurie Franklin

Joan & Henry Freedman

Muriel Friedman

Sheila Getty

Harry & Lois Goldman

Scott Green

Elizabeth Howard

Keith & Jody Jacobs

Alan & Liz Jaffe

Reisa Kahn

Maeta Kaplan

Jeff Kooris

Sigrun Kuefner

Miriam Kurinsky

Heather Licht

Martin Lowenstein

George Masnick

Rob & Elizabeth Natelson

Philippa Newfield

Fred & Susan Reed

Paul & Sheehan Rosen

Ed Rosenberg

Mark Sanz

Peggy Schlesinger

Kate Sells

Steve Siebert

Kate & Boris Soukonnikov

Maxine Stahl

Amie Thurber

Trina Valencich

Gary & Lynn Willstein

Toba Winston

Feldenkrais® Awareness Through Movement® Series

From Joy Earls

Celeste River has graciously offered to teach a 6-session series of *Awareness Through Movement®* classes at Har Shalom this fall, an exciting physical and spiritual opportunity for those of us who can attend. Until I met Celeste this summer, I had neither heard of Moshe Feldenkrais nor his innovative methods of teaching and learning. Here's the history: On Monday morning after the July 4 weekend, I was at Har Shalom with my family (including my sister and brother-in-law from Boston), mopping and cleaning after a wonderful celebration of Carter's Bar Mitzvah. I looked up and saw a familiar face, even though Celeste and I had never met. We felt as if we knew each other already. She said she had been wanting to see the building and happened to be next door at Health Options when she saw us running in and out cleaning up, so she came over and introduced herself.

As we talked, Celeste expressed a strong desire to support our efforts to provide a Jewish presence in Missoula. She then told me of her extensive training and we agreed to discuss this further at another time. She also lent me a book about the Hasidic background of Dr. Feldenkrais's teachings,* and as I read, I knew that I wanted to make this series of *Feldenkrais* classes a reality in the fall. I am so grateful to Celeste for offering to donate all the proceeds of her *Feldenkrais* classes to our building fund at Har Shalom. Although she is not Jewish, she is a long-time Missoula resident with strong connections to our efforts. I look forward to seeing you at Celeste's *Feldenkrais* classes in November and December. Please see additional information in this newsletter about Dr. Feldenkrais, Celeste River, dates, and cost.

*"Making Connections: Hasidic Roots and Resonance in the Teachings of Moshe Feldenkrais," by David Kaetz, Victoria, B.C., Canada, 2007. To see book cover or order the book visit David Kaetz's website at www.rivercentrepublishing.com.

Mezuzah, Anyone?

The mezuzah is a ritual object that fulfills the biblical commandment to inscribe the Sh'ma, a central prayer in our religious service, on the "door posts of the house". Each mezuzah contains a small scroll with words of Deuteronomy that are familiar to us because they appear in the text of the V'ahavta, another prayer in our liturgy.

Join Student Rabbi Callie Souther for Har Shalom's second mezuzah hanging, Saturday, November 8, at 6 pm at the home of Laurie Franklin, Sandy Ross and Owen Ross, 2347 Wylie Avenue, Missoula. The ceremony—though short—is moving, warm and wonderful!

Our third home blessing will be with Amie Thurber and family December 13, 5:30 pm, with a supper to follow. Watch for additional details in the weekly email updates. Suggested donations for each mezuzah installation is \$18 towards Har Shalom's building fund.

Are you interested in having your home blessed? Contact Kate Soukonnikov, katyasouk@gmail.com, to set a date.

Adult Education: Hebrew, Conversion, and Chevruta

- Hebrew: Prayer Book Hebrew (aka Hebrew according to Barry) will be offered, depending on interest, beginning either in February or March.
- Conversion: Student Rabbi Callie Souther and Board member Barry Good are currently gathering appropriate materials for conversion education. Callie is contacting rabbis and other educators who can advise about content and duration, and the class will begin in spring.
- Chevruta: *Chevruta* is a traditional method of Jewish study. Derived from the Hebrew word *chaver*, or friend, a chevruta partnership is a special relationship between study partners; it's the ultimate study group. *Chevruta* partners study a Jewish topic through text—reading, discussing, and interpreting what they find to be relevant to them, today."

—from the North Carolina Hillel web site

Join us on Wednesday, November 19, as we turn Wednesday evenings into "chevruta night" at Har Shalom. We'll open our first session with a model *chevruta* study session and learn about the tradition of *chevruta* in Jewish learning. No Hebrew language background is necessary, and participants at all levels of Judaic learning are welcome. Questions? Contact Laurie Franklin at rossfranklin@msn.com or 543-6995.

Yahrzeits

The Yahrzeit is the anniversary of a loved one's death according to the Hebrew calendar. The civil date varies from year to year. The Hebrew date is listed first, followed by the current year's civil date in parentheses. Yahrzeit candles should be lit the evening before the date specified. This is because the Jewish day actually begins at sundown on the previous night.

CHESHVAN

- 4 (11/2) Bill Martin
(Marilyn Dayries's father)
- 5 (11/3) Flora Kaplan
(Maeta Kaplan's mother)
- 5 (11/3) Frances Blindman
(Elizabeth Howard's grandmother)
- 9 (11/7) Harry Komisar
(Melissa Porter's father)
- 12 (11/10) Richard Albert Litfin
(Merce Litfin Zingmark's father)
- 17 (11/15) Max Marshall
(Connie Campbell's father)
- 25 (11/23) Donald S. Brown
(Ed Brown's father)

KISLEV

- 11 (12/08) Albert Ginsberg
(Beth Leibowitz's father)
- 14 (12/11) Cherrie Steinebach
(Tyler Steinebach's mother)
- 15 (12/12) Mildred Shulman
(Joy Earls' mother)
- 18 (12/15) Bill Weisz
(George Weisz's Father)
- 19 (12/16) Barbara Lumpkin
(Candy Miller's mother)
- 24 (12/21) Morris Leibowitz
(Gary Leibowitz's father)

TEVET

- 1 (12/28) Jonathan Kast
(Sigrun Kuefner's son)
- 4 (12/31) Fanny Rosenberg
(Ed Rosenberg's mother)

Chanukah, Oh Chanukah!

Polish off your menorahs for Har Shalom's Chanukah Party on Sunday December 21. The evening will include latkes, music and the lighting of as many menorahs we all can round up. Bring one or more from home to fill the synagogue with light! The evening, beginning at 5 pm, will be for kids and grownups, too. Watch for more details in the weekly email updates.

Caring for Each Other

Congregation Har Shalom is always seeking to help people who are in need of visits, prayers and support during times of loss, illness or other life emergencies. Please feel free to email us at info@har-shalom.org.

November and December Ritual Team Meetings

The Ritual Team will meet once in November, on Sunday, 11/9 at 11 am, and twice in December, Sundays, 12/14 and 12/28, also at 11 am. At each meeting, we'll plan the service for the following Friday and learn some new music. Planning services is a wonderful way to learn the structure of the traditional liturgy and experience service-leading. No prior experience is necessary. Please contact Laurie Franklin at rossfranklin@msn.com with questions about Ritual Team activities.

Reflections on High Holy Days, Sukkot and Simchat Torah

Spirit of community in the people-filled room during the High Holy Days, the shelves emptied of prayer books, every chair in the synagogue marshaled for use.

Yom Kippur afternoon: a cozy nap in the synagogue after a discussion of spiritual "accounting".

Melodies, heard only once a year; heighten awareness of the specialness of the days.

Cool evening, but warm gathering in the Sukkah, sitting cheek-to-jowl, shaking, shaking, shaking the lulav. Feeling both our vulnerability, as well as the strength we gather from each other.

Sharing figs, grapes, barley, wheat, pomegranate, dates, and olives.

Dancing the Torah around the sanctuary, giddily taking the aliyot together; reading the last and the first verses.

Aware of the cycle of seasons and the timelessness of Torah.

Rabbi Ed Stafman

Lucky us, we had a visit from Rabbi Ed Stafman, the newly installed rabbi at Beth Shalom of Bozeman, who came to Har Shalom during Sukkot on Thursday, October 16. Rabbi Ed led us in a brief weekday Ma'ariv (evening) service and sukkah teachings. He is a learned, warm-hearted person, and we congratulate Beth Shalom on their new religious leader.

Hillel and the Sukkah that Would Not Stand

Despite the sound of the headline, this is no fairy tale. The University of Montana's Jewish student organization, Hillel, has erected a sukkah on the Oval for at least four years. Unfortunately, these sukkahs have had short lives. For three of the last four years, each sukkah was vandalized before the eight-day holiday was over. This year, the sukkah was completely, irreparably destroyed within hours of Erev Sukkot.

Hillel member Naomi Alhadeff, Hillel Campus advisor Adair Kanter, and Laurie Franklin are working with the University administration to preserve Hillel's right to erect and protect future sukkahs and to bring awareness of religious diversity and greater religious tolerance to UM. Laurie attended a Diversity Advisory Council (DAC) meeting on Monday, October 20. The DAC was receptive and supportive. Further conversations are planned with President Dennison. Please contact Laurie at rossfranklin@msn.com if you are interested in supporting Hillel's sukkah endeavor.

Day of Dialogue

The University of Montana holds an annual, campus-wide event, Day of Dialogue, to encourage discussion, awareness and tolerance among the diverse groups that make up the university community. This year, Naomi Alhadeff, Hillel member, joined representatives of a campus Christian group and the Muslim Student Association for a presentation and question-and-answer session that explored the similarities and differences among Christianity, Judaism and Islam.

Rosh Chodesh: A Monthly Gathering of Women

At Har Shalom, we continue the tradition of celebrating the appearance of the moon that heralds each month of the Jewish calendar. Our group meets to study and to experience the support of a sharing, caring community of women.

Monday 11/3, 7 to 9 pm:

The 11th of Cheshvan marks the *yahrzeit* (day commemorating the death) of our matriarch, Rachel. By learning more about who Rachel was, perhaps we can reach an understanding of why Jews make a point of commemorating her death more than any of the other matriarchs and patriarchs.

Tuesday 12/2, 7 to 9 pm: During Kislev, our daylight period is short; we celebrate Chanukah and find joy in the light of the candles. Come to explore the relationship of light and the divine, and the special role that women fulfill in traditional Judaism in connecting the mundane and the divine with light.

Please contact Sherry Kolenda at skolenda@gmail.com with questions about Rosh Chodesh.

Missoula Food Bank

by Robin Abeshauss

In the period between Yom Kippur and Sukkot, Har Shalom donated 156 lbs. of food to the Missoula Food Bank. The Food Bank serves Missoula area families who are having trouble keeping themselves and their families fed during lean economic times. Our donation was significant and helped fill many empty food bank shelves and many hungry bellies.

Donating to the Food Bank at this time of year is a reminder of the biblical commandment for farmers to leave the corners of their fields unharvested so that the poor might gather food for themselves. As we celebrate the joy of the New Year and the abundance of the harvest, it seems particularly fitting that as a community we gather food for those in need in today's world.

Many thanks to all who contributed to the recent Har Shalom Food Bank drive. A blue food donation bin will remain in the lobby of Har Shalom throughout the year. Donations of non-perishable food can be left at any time. *Lshana tova* (Good New Year) and *todah rabah* (thank you very much) from the Missoula Food Bank.

Message from the President

I want to share some news from the congregation's Board of Directors. We welcome two new board members who have already made significant contributions to the congregation, Sherry Kolenda and Kate Soukonnikov. Sherry is helping to put together a strong capital campaign committee, and Kate is now the Board's Treasurer and is active in event programming and teaching in the religious school.

We had a highly successful High Holiday season with capacity crowds for Erev Rosh Hashana and Kol Nidre services. Callie Souther and Laurie Franklin teamed up in providing a full set of services and observances. Our Season of Awe included Sukkot and Simchat Torah gatherings. Our lay leader, Laurie Franklin, is steadily strengthening her own and our congregational command of spiritual services. Yasher Koakh!

Getting back to a theme (re)introduced at high holidays, we are gearing up for a serious effort to raise funds to buy our building. Given both the specific congregational needs and the general challenge of raising funds during these times, we have some heavy lifting to do, but we must. One way to prepare for the future is to do some hard work now. Thanks to those who have already given and worked toward this goal.

First Annual Volunteer Day is Huge Success

From Dave Jolles, Vice President

Greetings from the Har Shalom Maintenance/Building/Back 40 Division. As many of you who attended High Holiday Services may have noticed, the building looked pretty dang good! This is in no small thanks to all those who showed up for our first annual clean-up day back in September.

Much was done including new storage shelves in our storage room (thanks to Jeff Kooris and Jack Cohen) as well as new bookshelves and organizing our extensive library (thanks to Toba Winston, Bert Chessin and Paul Rosen). (Editor's note: the new library is now open for business 6 days a week!) Thanks also go out to Pat Cohen and Eli Rosen for the massive weed extraction of our parking lot. Thanks also to all those who contributed serious elbow grease to the kitchen, bathrooms and steam cleaning of the carpets (Barry and Kathy Good, Boris and Kate Soukonnikov and Laurie Franklin) and all those who I'm forgetting. It was quite a success. Special thanks goes out to Jeff Kooris for spearheading (and installing) the new water supply line for the Back 40 which we plan to complete this spring with the help of all you landscapers out there. Stay tuned!

Torah Study: The Continuing Saga

It's no secret that the stalwarts of the weekly self-led Torah study session are a dedicated crew! You are welcome to join in every Saturday morning to read the *parashat hashevuah* (weekly Torah portion), discuss commentaries and read Hafatarah. The readings are conducted in English, and no prior experience is necessary. On most Saturdays, Torah study meets from 10 am to noon. In November and December, when the student rabbi is in town, there will be a brief Torah service at 9:30 am, followed by Torah study from 10:30 to 12:30 pm. Check the calendar in this issue for dates. If you've never participated, come try it out!

Nate Leipziger, Holocaust survivor and Holocaust Education Activist

Jessie Jacobson, member of the Anaconda Coalition for Tolerance Education, recently contacted us about the Montana visit of Nate and Bernice Leipziger. Mr. Leipziger spoke at the Montana Educators Conference in Missoula on Thursday October 15 about his experiences during the Holocaust in Nazi-occupied Poland.

Following Mr. Leipziger's presentation, Har Shalom President Bert Chessin toured Har Shalom with the visitors, and Ritual Team Chair Laurie Franklin joined the Leipzigers, Chessin, Jacobson, and UM Associate Professor of Sociology, Jessica Ulrich for lunch.

Mr. Leipziger presented Har Shalom with a folder of high-quality Holocaust education materials which may be useful for both adult and youth education.

Atidaynu: Our Future

Atidaynu is our monthly religious program for children ages 3 to 13. We meet one Sunday each month from 10 am to noon, and our student rabbi participates as an instructor. Our school has grown to be a consistent group of almost 30 children.

Last year, we celebrated two B'nai Mitzvot with children who had attended Missoula Jewish school programs from a very young age. We are very proud of their accomplishments and pleased that the program supported their journey. In addition, Soul Train led summer camp again this year. It was wonderful to see Atidaynu friends working on their Hebrew, learning new things about Israel, playing games in the park, and creating more great projects.

As we move into our third year, we continue to use the URJ curriculum. Our CHAI classes are structured with children in common-age peer groups. The curriculum includes art projects, lots of discussion and singing. These classes have been quite successful.

The Hebrew Program, *Mithadem*, is designed so that students learn independently, at their own pace. This year, we are implementing the program in a new way: All the children work in the same space but rotate through learning stations and get small group or individual help from teachers and parents. We hope this will provide more incentive to master the levels at home.

As always, community members are welcome to visit the school, to teach or share special skills or to volunteer in our classrooms.

Interfaith families are very welcome to join our activities and enroll children in our programs. For more information on any of our children's education programs or to volunteer your skills and time to the future of our community, please contact Erin Craney, Education Coordinator, at 406-590-4396 or erin_craney@hotmail.com.

2008 EVENT CALENDAR

* indicates activity led by student rabbi Callie Souther. Note time/details below for our weekly Friday evening Shabbat services and Saturday morning Torah study. Snacks are provided before our Shabbat service; if you arrive early you are invited to have a nosh with us.

NOVEMBER

Monday, 11/3 - 7 - 9 p.m. Rosh Chodesh, Jewish Women's Group
 Thursday, 11/6 - noon - 1 p.m., Feldenkrais class with Celeste River
 *Friday 11/7 - 5:30 p.m. Potluck and Kiddush, 6:30 p.m. Shabbat Service
 *Saturday, 11/8 - 9:30 a.m. Torah service, 10:30 a.m. to noon, Torah Study
 *Saturday, 11/8 - 2 p.m. Book event at Fact and Fiction. Reading by author Diana Spechler, from her new novel, *Who by Fire*
 *Saturday, 11/8 - 6 p.m. Mezuzah hanging and dinner at 2347 Wylie Ave. (RSVP)
 *Sunday, 11/9 - 10 a.m. - noon, Atidaynu religious school
 *Sunday, 11/9 - 10 a.m. - noon, Ritual Team meeting
 Tuesday, 11/11 - 6 - 8 p.m. Har Shalom Board of Directors meeting
 Thursday, 11/13 - noon - 1 p.m., Feldenkrais class with Celeste River
 Friday, 11/14 - 6 p.m. Ritual Team Shabbat Service & Kiddush (no potluck)
 Saturday, 11/15 - 10 a.m. - noon Torah Study
 Wednesday, 11/19 - 7 - 9 p.m. Chevruta Night
 Thursday, 11/20 - noon - 1 p.m., Feldenkrais class with Celeste River
 Friday, 11/21 - 6 p.m. Family Shabbat service & Kiddush (no potluck)
 Saturday, 11/22 - 10 a.m. - noon Torah Study
 Wednesday, 11/26 - 7 - 9 p.m. Chevruta Night
 Friday, 11/28 - 6 p.m. Shabbat Service & Kiddush (no potluck)
 Saturday, 11/29 - 10 a.m. - noon, Torah Study

All events, unless otherwise noted, are at Congregation Har Shalom, 3035 S. Russell.

Student rabbi appointments: Call or e-mail student rabbi Callie Souther, 503-944-9030, callie.souther@gmail.com

DECEMBER

Tuesday, 12/2 - 7 - 9 p.m. Rosh Chodesh, Jewish Women's Group
 Wednesday, 12/3 - 7 - 9 p.m. Chevruta Night
 Thursday, 12/4 - noon - 1 p.m., Feldenkrais class with Celeste River
 Friday, 12/5 - 6 p.m. Shabbat service, Kiddush (no potluck)
 Saturday, 12/6 - 10 a.m. - noon, Torah Study
 Tuesday 12/9 - 6 - 8 p.m., Har Shalom Board of Directors meeting
 Wednesday 12/10 - 7 - 9 p.m. Chevruta Night
 Thursday, 12/11 - noon - 1 p.m., Feldenkrais class with Celeste River
 *Friday 12/12 - 5:30 p.m. potluck and Kiddush, 6:30 p.m. Shabbat Service
 *Saturday, 12/13 - 9:30 a.m. Torah service, 10:30 a.m. to noon, Torah Study
 *Saturday 12/13 - noon, "Lunch & Learn" with student rabbi Callie Souther
 *Saturday 12/13 - 5:30 p.m. Mezuzah hanging and dinner at Ami Thurber's (RSVP)
 *Sunday, 12/14 - 10 a.m. - noon, Atidaynu Religious School
 *Sunday, 12/14 - 10 a.m. - noon, Ritual Team meeting
 Wednesday, 12/17 - 7 - 9 p.m. Chevruta Night
 Thursday, 12/18 - noon - 1 p.m., Feldenkrais class with Celeste River
 Friday, 12/19 - 6 p.m. Ritual Team Shabbat service & Kiddush (no potluck)
 Saturday 12/20 - 10 a.m. - noon, Torah Study
 Sunday, 12/21 - 5 p.m. Chanukah party: First Candle
 Wednesday, 12/24 - 7 - 9 p.m. Chevruta Night
 Friday, 12/26 - 6 p.m. Family Shabbat service and Kiddush (no potluck), bring Menorahs
 Saturday 12/27 - 10 a.m. - noon, Torah Study
 Sunday, 12/28 - 10 a.m. - noon, Ritual Team

We extend a very happy and healthy birthday to:

NOVEMBER

1 Seth Bloom
 5 Marc Kline
 6 Arthur Bennish
 9 Abigail Aronofsky
 14 Mike Smith
 14 Mindy Opper
 17 Diana Lurie

18 Matthew Preston
 20 Jennifer Rosenberg
 22 Melissa Porter
 23 Martha Byrne
 23 Avery Howard
 24 Melissa Meyer
 24 Toba Winston
 25 Madeline Kline
 26 Robbin Kusiak
 28 Abigail & Ella Thurber-Varney

DECEMBER

1 Fleur McAuliffe
 2 Fern Glass Boyd
 3 Jenny Bloom
 4 Bill Hollin
 5 Spencer Eisenstadt
 6 Kiandra Rajala
 12 Rebecca Natelson
 12 Owen Ross
 14 Melinda Robin

15 Azadeh & Araezy Etminan-Rad
 16 Mark Earls
 17 Sheryl Alexander
 21 Beth Anne Austein
 23 Michelle Fields
 27 Carter Earls



If your birthday is missing from this list, or a Yahrzeit of a family member is missing from that list, it is because we do not have your info. If you wish a birthday greeting or a Yahrzeit remembered, please send us the info and we will be more than happy to include it in the newsletter. Call or email Beth Jaffe at 728-1052 or beth@cedarmountainsoftware.com



Har Shalom

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